Ready for new challenges?

- Encourage your child embrace new Encourage your child challenges to try new activities,
- to try new foods
- craft activities using o Do some art and scissors? paintbrush, or they control a pencil range of tools - can
- spoon to eat a range Ensure your child can use a knife, fork & of meals unaided
- Celebrate new atter making attempts at things
- supervised risks Encourage lots of outdoor activities, taking safe and
- Can your child name and try and recognise his/her

conversa<mark>tion</mark>s with others Engages in play and

- Practise taking turns while playing games and
- Encourage phone/video can speak freely calls with family and friends where your child
- When you are out for about what they can see walks, talk to your child hear, smell, or feel
- Encourage new animals and plants the names of different vocabulary e.g. learning
- Use clear and simple child to follow alone instructions for your
- Discuss what your child day before bedtime has enjoyed about their
- Share fiction and nonand what might happen about what is happening fiction books and talk
- Listen to (and join in with) songs and nursery

Able to ask for help when needed

- Encourage your child to help when they need it possible and to ask for be as independent as
- help Encourage them to try once more by themselves before you
- Explain to your child themselves by how to do something behaviour yourself modelling the
- something easier for Ask your child to help you sometimes and thank them for making
- Talk to your child about community who are there to help us people in the
- school help when they are at who will be there to

- Talk to your child about

Dress and go to the toilet independently

- putting shoes on and off buttons, zips and independently including Encourage dressing
- Practise dressing skills Explain how they can it for them dress rather than doing
- have them with teddies/dolls if you
- Practise putting on and uniform and PE kit taking off school
- going to the toilet Ensure that your child independently after can clean themselves
- Ensure they know the before meals after the toilet and their hands properly importance of washing
- are going Explain that at school adults know where you to the toilet so that you need to ask to gc

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