

PSHE- Progression of Knowledge and Skills

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer	Summer 2
Me and My Relationships	Keeping Myself Safe	Valuing Difference	Being My Best	Rights and Respect	Growing and Changing
Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Healthy me Super sleep Who can help? (1) Harold loses Geoffrey What could Harold do? Good or bad touches?	Same or different? Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair!	I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day	Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	Inside my wonderful body! Taking care of a baby Then and now Who can help? (2) Surprises and secrets Keeping privates private

PSHE- Progression of Knowledge and Skills

Year 2					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer	Summer 2
Me and My Relationships	Keeping Myself Safe	Valuing Difference	Being My Best	Rights and Respect	Growing and Changing
Our ideal classroom (1) Our ideal classroom (2) How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy!	Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept	What makes us who we are? How do we make others feel? My special people When someone is feeling left out An act of kindness Solve the problem	You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do?	Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping	A helping hand Sam moves house Haven't you grown! My body, your body Respecting privacy Basic first aid