

PSHE- Progression of Knowledge and Skills

EYFS/Year 1 Classes					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer	Summer 2
Me and My Relationships	Keeping Myself Safe	Valuing Difference	Being My Best	Rights and Respect	Growing and Changing
Why we have classroom rules How are you listening? Good friends Thinking about feelings Our feelings Feelings and bodies	Super sleep Good or bad touches What could Harold do? Sharing pictures Who can help? (1) Harold loses Geoffrey Listening to my feelings	It's not fair! Who are our special people? Our special people balloons. Same or different? Unkind, tease or bully? Harold's school rules	I can eat a rainbow Eat well Harold learns to ride his bike Yes I can! Harold's wash and brush up Catch it! Bin it! Kill it!	Taking care of something. Harold has a bad day. Around and about the school. Basic first aid. Harold's money. How should we look after our money.	Healthy me Then and now Taking care of a baby <b>RSE</b> Where do babies come from?/Who can help? Getting bigger/ - Surprises and secrets -Me and my body-girls and boys/- Keeping privates private.

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Year 1 and 2					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer	Summer 2
Me and My Relationships	Keeping Myself Safe	Valuing Difference	Being My Best	Rights and Respect	Growing and Changing
Our ideal classroom (1) Our ideal classroom (2) How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy!	Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept	What makes us who we are? How do we make others feel? My special people When someone is feeling left out An act of kindness Solve the problem	You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do?	Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping	A helping hand Sam moves house Haven't you grown! My body, your body Respecting privacy Basic first aid