



Aspire Academy Trust – Relationship and Sex Education Policy

Appendix 1 – Curriculum Map

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| Academy Name | Biscovey Nursery and Infants' Academy |
| Head of School | Vicky French |
| Date Completed | 11/05/21 |

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| Nursery | Me and My Relationships | Valuing difference | Keeping myself safe | Rights and Responsibilities | Being my Best | Being my Best |
| | Marvelous Me I'm Special | Me and My Friends Friends and Family Including everyone | Safety Indoors and outdoors What is safe to go in my body. | Looking after myself. Looking after others Looking after my environment. | I can Keep trying. I can do it. | What does my body need? |
| Reception | Me and My relationships | Keeping myself safe | Valuing difference | Rights and Responsibilities | Being my Best | Growing and Changing |
| | All about me What makes me special? Me and my special people Who can help me? My feelings (1) | What's safe to go into my body? Keeping myself safe- what's safe to go into my body (including medicines) Safe indoors and outdoors. | I'm special, you're special. Same and different Same and different families. Same and different homes. | Looking after my special people. Looking after my friends. Being helpful at home and caring for our classroom. Caring for our world. | Bouncing back when things go wrong. Yes, I can! Healthy eating (1) Healthy Eating (2) Move your body | Seasons Life stages- plants, animals and humans. Life stages; Human life stage- who will I be? Where do babies come from? |

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| | My feelings (2) | Listening to my feelings. (1) Keeping safe online. People who help to keep me safe. | Kind and caring (1) Kind and caring (2) | Looking after money (1): recognising, spending, using. Looking after money (2); saving money and keeping it safe. | A good night's sleep. | Getting bigger Me and my body- girls and boys. |
| Year 1 | Me and My relationships | Keeping myself safe | Valuing difference | Rights and Responsibilities | Being my Best | Growing and Changing |
| | Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening? | Healthy me Super sleep Who can help?(1) Harold loses Geoffrey What could Harold do? Good or bad touches. Sharing Pictures. | Same or different Unkind, tease or bully Harold's school rules. Who are our special people It's not fair! | I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day. | Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid. | Inside my wonderful body! Taking care of a baby Then and now Who can help?(2) Surprises and secretes Keeping privates private. |
| | Me and My relationships | Keeping myself safe | Valuing difference | Rights and Responsibilities | Being my Best | Growing and Changing |
| Year 2 | Our ideal classroom (1) Our ideal classroom (2) How are you feeling today? Bullying and teasing? Don't do that! Types of bullying Being a good friend. Let's all be happy. | Harold's picnic How safe would you feel? What should Harold say? I don't like that. Fun or not? Should I tell? Some secrets should never be kept. Playing games. | What makes us who we are? How do we make others feel? My special people When someone is feeling left out. An act of kindness Solve the problem. | You can do it! My Day Harold's postcard-helping us to keep clean and healthy Harold's bathroom. My Body needs... What does my body do? | Getting on with others When I feel like erupting Feeling safe How can we look after our environment.. Harold saves for something special. Harold goes camping. | A helping hand Same moves house Haven't you grown My Body, Your body Respecting privacy. Basic first aid. |
| | Me and My relationships | Keeping myself safe | Valuing difference | Rights and Responsibilities | Being my Best | Growing and Changing |

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| Families and people who care for me | | Respectful relationships | | Being safe | |
| Caring friendships | | Online relationships | | | |