

PSHE- Progression of Knowledge and Skills

Nursery					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Me and My Relationships	Valuing Differences	Keeping Myself Safe	Rights and Respect	Being My Best	Growing and Changing
Marvellous Me I'm Special	Me and My Friends Friends and Family Including Everyone	Safety Indoors and Outdoors What's Safe to go into My Body	Looking After Myself Looking After Others Looking After My Environment	I Can Keep Trying I Can Do It!	When I was a baby
Reception					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Me and My Relationships	Keeping Myself Safe	Valuing Difference	Rights and Respect	Being My Best	Growing and Changing
All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2)	What's safe to go onto my body? Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings (1) Keeping safe online People who help to keep me safe	I'm special, you're special Same and different Same and different families Same and different homes Kind and caring (1) Kind and caring (2)	Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe	Bouncing back when things go wrong Yes, I can! Healthy eating (1) Healthy eating (2) Move your body A good night's sleep	Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys

SCARF supports and contributes to the EYFS framework's Early Learning Goals, Characteristics of Effective Learning and Development Matters statements, particularly Personal Social, Emotional Development (PSED), and Communication and Language.

