



Biscovey Nursery and Infants' Academy

Teaching and Learning Principles

Subject: Physical Education

'With strong roots we learn and grow together'

School Vision:

At Biscovey Nursery and Infants' Academy we aim to ensure that all children can develop the skills they need to become happy and confident learners who, with guidance and support, can reach their full potential.

Our curriculum ensures that we deliver a range of topics across the age phases which develops sequential learning where pupils know more and can do more, ensuring that they are ready for their next stage in education.

Our nurturing ethos endeavours to support all children and their families. Through this approach we are able to work together to ensure that we meet the needs of all learners in our school.

We pride ourselves on delivering beyond the academic curriculum, developing a child's individual character. Our core values run through all areas of school life and learning which allows the whole child to develop into a confident and caring young individual. The Biscovey child shows respect, and through self-belief and courage approaches learning with an inquisitive mind.

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Subject Intent:

A high-quality physical education curriculum inspires all pupils to succeed and excel in sport and other physically-demanding activities. It will provide opportunities for pupils to become physically confident in a way which supports their health and wellbeing. Opportunities to take part in a range of physical activities to build character and help to embed values such as fairness and respect.

Our aim is that children enjoy learning and approach all activities with a high level of engagement. Aspects of PE are chosen specifically to meet the interests of our pupils reflecting the background and experience of all. Our aim is that all children active physically for at least 60 minutes a day. We aim to develop children's independence, resilience and life skills through physical activity. Through My Personal Best children will develop life skills such as respect, self-belief, imagination, reflection, perseverance and curiosity. Pupils develop vocabulary throughout each unit of work and are encouraged to use this vocabulary in PE lessons and across the curriculum, building on prior knowledge.

Pupils develop fundamental movement skills and become increasingly competent and confident to access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. The children are given opportunities to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils are taught to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to

apply these in a range of activities participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns.

Our PE curriculum is designed to meet the needs of all learners. All staff have high expectations and aspirations for all of our pupils including pupils with SEN. Our PE curriculum is inclusive for all and is differentiated to meet the needs of all. We aim to give pupils a range of experiences such as charity physical events, whole school sports days, parent workshops and trust wide sporting events. We provide all pupils from EYFS to Year 2 with a range of extra-curricular opportunities throughout the school year.

Subject Implementation:

PE at Biscovey Nursery and Infants' Academy is an integral part of the whole school culture and is woven into all areas. We follow a bespoke curriculum designed to enable pupils to develop key skills in all lessons across the EYFS and KS1. The PE curriculum covers 6 main units: Invasion games, Gymnastics, Dance, Net and Wall, Striking and fielding and Athletics. We have a weekly whole school assembly where positive behaviour traits and My Personal Best themes; Thinking Me, Social Me and Healthy Me are celebrated.

Subject Impact:

We aim for every child to be able to:

- Develop and apply fundamental movement skills.
- Have a strong foundation focusing on fundamental movements, fine and gross motor skills.
- Develop a range of life skills to support their development in all subjects.
- Promote healthy lifestyles and support children's health and well-being.
- Build on prior knowledge and develop as confident learners.